

# PRIMARY SOURCE®

The ORIGINAL OPC

## Health Benefits

OPC's well-documented, diverse health benefits ...

... are the result of 50+ years of solid scientific research - including 27+ human studies and world-wide use. Many body conditions are affected due to OPC's unique ability to strengthen and rebuild collagen in all human tissues and organs including the brain, heart, veins, arteries, capillaries, skin, muscles, tendons, ligaments, gastrointestinal areas, gums and bones. OPC's strong antioxidant capacity and capability to neutralize destructive enzymes further protect cellular and tissue membranes.

Because of OPC's ability to strengthen and rebuild collagen, strong antioxidant potential, and ability to cross the blood-brain barrier, Primary Source OPC, the authentic Masquelier's OPC, provides benefits for a wide variety of health ailments.

It's the collagen connection. Testimonials, world-wide use and clinical studies have shown that OPC helps to alleviate collagen-related health conditions:

### ADD/ADHD

and other brain function- related ailments

Allergies

Arthritis

Blood Clots

Blood Flow/Pressure

Bruising

Cardiovascular

Cholesterol

Chronic Fatigue Syndrome

Circulation-related ailments

Degenerated Collagen

Diabetic Retinopathy

Edema

Eye Health

Fibromyalgia

Hemorrhoids

Macular Degeneration

Marfan Syndrome

Multiple Sclerosis

Muscular Pain

Psoriasis

Raynaud's Disease

Scleroderma

Skin

Spider Veins

Stroke

Varicose Veins



Available in 50mg and 100mg potencies:  
60 capsules/bottle

Each Capsule Contains: OPC GrapeGold: 50mg  
or 100mg Vitamin C: 100mg

## This unique combination of OPC and Vitamin C provides proven health benefits:

- is a powerful antioxidant that helps protect cells and tissues from free radical-initiated damage.\*
- has the unique ability to strengthen and rebuild collagen.\* Collagen protein is found in the brain, heart, veins, arteries, capillaries, skin and all human tissues and organs.
- promotes circulatory and cardiovascular health.\*
- protects cell membranes.\*
- provides superior cellular protection against various types of enzymatic attack.\*

Primary Source OPC GrapeGold™ is the same substance that has been scientifically tested, clinically studied and proven effective for nearly 50 years. It has been enjoyed by millions world-wide. OPC GrapeGold™ helps to support the cardiovascular and circulatory systems as well as maintain the health of the skin, legs and eyes.\* For those who engage in sports activities, OPC GrapeGold™ helps minimize potential damage and sports recovery times following strenuous work-outs.\*

## OPC GrapeGold®

50mg., 60 capsules

Supplement Facts		
Serving Size 2 capsules		
Amount Per Serving	% Daily Value	
Vitamin C (as calcium ascorbate)	100 mg	333%
OPC	100 mg	*
Oligomeric Proanthocyanidins Complex		
*Daily Value not established.		

100mg., 60 capsules

Supplement Facts		
Serving Size 2 capsules		
Amount Per Serving	% Daily Value	
Vitamin C (as calcium ascorbate)	200 mg	333%
OPC	200 mg	*
Oligomeric Proanthocyanidins Complex		
*Daily Value not established.		

OPC is found in many plants. Grape seed is one of the sources discovered by Dr. Masquelier from which to selectively extract the OPC compound.

## OPC and "grape seed extract" are not the same.

OPC is a complex of a specific molecule, obtained only through a highly specialized extraction process. It is this complex, which happens to come from grape seed, that has been extensively studied.

Primary Source OPC GrapeGold™ is the same substance, isolated through Dr. Masquelier's method that has been studied world-wide.

Vitamin C, an essential partner (co-factor) of OPC, aids in the production of collagen.\* Vitamin C also provides antioxidant protection and repairs and maintains connective tissue.\* Primary Source GrapeGold™ preserves and restores Vitamin C by blocking the formation of enzymes that destroy Vitamin C.\*

At the heart of OPC's effectiveness is its profound affect on the circulatory and cardiovascular system for healthy blood flow and improved transportation of nutrients deep within the body's tissues where they can do their work.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## A Healthy Circulation System: The Key to More Vibrant Health

*In the human body, everything is "vascularized." Every cell needs to be supplied with nutrients and oxygen. This critical task falls to our vascular system, and more specifically the capillary vessels. The condition of our vascular system affects how well nutrient and oxygen delivery is accomplished, which in turn affects our entire state of well-being.*

*We chose Primary Source OPC, the authentic, Dr. Masquelier's™ Original OPCs as the central ingredient in all of our formulas for its clinically proven ability to protect, strengthen and repair the collagen and elastin (protein) that make up our vascular system. Primary Source OPC protects the inner walls of our blood vessels and capillaries against destructive enzymes, decay and free radical damage. Keeping vascular collagen healthy is critically important for vessel suppleness, strength and smoothness of our veins, arteries and capillaries so blood can flow unobstructed. A complete and un-hindered blood flow is, without a doubt, the most essential physiological function in the body. Blood supply is vitally important for all cells and organs and proper functioning of the heart. Primary Source OPC GoldBlend, it could be said, is the nutrient of the vascular system.*

# Optimizing Total Body Nourishment Through A Stronger Vascular System

Our blood and the network of vessels it travels through are the transport system that delivers vital nutrients to all tissues of the body. A network of healthy blood vessels including arteries, veins and capillaries is critically important to optimum nourishment of the body.

The most important are the capillaries. All other segments of the vascular tree subservise the ultimate aim of getting adequate blood flow through the capillaries. In its passage through the thin walls of the capillaries, the blood delivers nutrients and oxygen to tissues and takes away waste products resulting from tissue cell metabolism. Unobstructed microcirculation of blood to the cells of the tissues and organs of our bodies is crucial. If inhibited by occluded, broken or leaking arteries and capillaries, nutrients that are essential to optimal health are not efficiently delivered to the sites in the body where they are needed to do their work – making you feel your best. A healthy circulatory system affects your energy level; it affects your immune response; it affects your vitality and, ultimately, your entire state of well-being.

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## What's the difference?

OPC can be derived from Grape Seed or Pine Bark: Why use Primary Source OPC GrapeGold™ rather than Primary Source GoldBlend™ or OPC PineGold™? This question has a simple answer: personal choice. There are subtle differences in the OPC compound when extracted from grape seed or pine bark. OPC from grape seed yields 10% more active OPC than from pine bark. Also it takes only half as much grape seed as pine bark to make one kilogram of OPC making the cost for OPC GrapeGold™ lower. Because they are two different plant sources, OPC from grape seed contains antioxidant compounds such as gallic acid and epicatechin that are not found in pine bark OPC. Some individuals react better to OPC from grape seed than they do to OPC from pine bark due to their body chemistry. The real test is to try it for yourself to determine which is for you.

## Vitamin C, a powerful, trusted antioxidant supplement:

We have added Vitamin C to OPC GrapeGold™ for good reason. A well-researched antioxidant, vitamin C is an essential co-factor (partner) of OPC in the production and protection of collagen. Collagen is found in the brain, heart, vascular and lymphatic membranes, stomach, skin, gastrointestinal linings, sinus and respiratory systems, organs and joint and vertebral support areas. In addition, Primary Source OPC is shown to protect Vitamin C against enzymes that destroy it. OPC regenerates vitamin C in the body so that its important benefits are always available.

## Dosage:

For general daily health maintenance and preventative measures, research indicates an individual should take 1 mg. per pound of body weight per day (100 lb. person should take 100 mg) of OPC GrapeGold™.

A therapeutic dose for health challenges is 3 mg. per pound of body weight per day. Although most often effective taken in one dose, OPC GrapeGold™ can be taken once or more times each day. OPC GrapeGold™ is highly bioavailable and has been proven to be completely safe and effective. For optimum results, take in the morning, on an empty stomach, all as one dose, with plenty of water.

## Product quality, safety, interactions:

Primary Source products offer something about which few dietary supplements can: Fifty plus years of research proving Primary Source OPC safety and effectiveness in supporting and improving human health. OPC from grape seeds are produced under pharmaceutical standards in an ISO 9002 quality certified facility.

The Primary Source OPC molecular complex has proven health benefits that can only be extracted through a precise process that yields only the key desirable compounds. It is this complex that has virtually non-existent adverse reactions. Produced under strict government monitoring and more than 30 years of experience insure that the compound extracted is the same non-toxic, potent, pure — batch after batch and year after year.

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